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Greetings from the chairperson

We had 48 volunteers log 734 volunteer hours (and that's just what we remembered to write in the book). At our Open House/Orientation we had 21 new volunteers interested in the program and of those 16 newbies volunteered the season with us. This year we anticipate to serve 26 Riders, with at least three new riders joining the program.

of hay, 260 bales of shavings, 2100 lbs of grain and a handful of volunteers made this event happen. And I can't forget the star of the show... Cst. Leslie Goode, spectacular aunt to our Miss Hanna Goode, and the real reason we wanted to see the Ride come to town!

A word cloud visualization of the 2014-2015 Trillium Foundation grant application process. The words are arranged in a circular pattern, with 'year' and 'volunteers' being the most prominent. Other significant words include 'program', 'grant', 'PARD', 'season', 'fundraising', 'training', 'thank', 'serve', 'community', 'events', 'ensure', 'much', 'Trillium', 'allowed', 'instructors', 'people', 'coming', 'shortly', 'generous', 'generosity', 'RCMP', 'us', 'time', 'past', 'please', 'show', 'begin', 'amazement', 'greater', 'shall', 'Wendon', 'every', 'board', 'home', 'can', 'focus', 'volunteer', 'their', 'local', 'area', 'great', 'serve', 'three', 'riders', 'kind', 'growth', 'strong', 'Chairperson', 'going', 'construction', 'organizations', 'website', 'passionate', 'building', 'changes', 'many', 'support', 'another', 'Horses', 'directors', 'work', 'space', 'Hills', 'interested', 'Chair', 'event', 'future', 'donations', 'enough', 'even', 'business', 'search', 'come', 'Foundation', 'within', 'events', 'ensure', 'excited', 'much', 'Trillium', 'allowed', 'instructors'.

PARD Therapeutic Riding has been selling annual memberships in the organization for only a few years now and we are pleased to welcome many to the organization each season. For a nominal fee of \$10.00, members receive all electronic newsletters & updates and are welcome to attend all of our events including the annual appreciation corn roast and the annual general meeting. That's combined with the knowledge that you have supported a wonderful program that truly makes a difference in people's lives.

The membership fees are used directly to help offset the operating costs of our riding program. Selling memberships is an integral part of our fund-raising activities. Contact us at info@pard.ca or visit us in person during lesson nights or at any of our events.

The Board of Directors for PARD Therapeutic Riding would like to thank ALL of you who joined and will be inviting you to continue your membership this year. Why not consider inviting a friend or family member to join as well?

We greatly appreciate your support and interest in keeping PARD Therapeutic Riding going and growing!

*Greetings from the chairperson,
continued from page 1 ...*

fundraising events, but we had a great turn out for both the Schooling Show and Games Show as well as our BINGO fundraiser and silent auction this past fall. We look forward to making these three events part of our annual fundraising efforts thanks to our Trillium Foundation grant.

We are now in our last year of the Trillium Foundation grant. This grant has allowed us to do some

renovations to the riding ring over the years, funds our volunteer recruitment and appreciation every year, has allowed us to expand our program though the purchase of new horses and pays for the training and certification of our Instructors. We also have money for CPR/First Aid training for any of our volunteers who may be interested. As



the grant comes to an end, PARD will ensure we have fulfilled our obligations and commitments as part of this grant, and work on a five-year fundraising and strategic plan to help ensure we can keep our fees as low as possible for our wonderful students.

There is much that goes on behind the scenes at PARD, even in the off season. I'd like to thank the group of hardworking board members and volunteers that come out year-after-year and give so much time to PARD. I would mention them all by name, but most of you know who they are-they are the ones at every event early and still there long after the sun goes down...THANK YOU! I realize that not everyone can make this kind of commitment, so if there is anyone interested in a short-term project, or helping with just one event, please let us know. We always welcome the extra hands and ideas!

My main focus this year will be on the using the website better as a tool for communicating, and finalizing the Trillium grant. Julia has taken the lead on completing the buildings which allows Kathy the time to focus on the horses and program. Watch for exciting building and site updates on the Facebook page and website. We can hardly wait! Spring is officially here, so... let's build!

Thank you again for this opportunity and for all you have given PARD. I am humbled to serve such a great organization.

Angie Muir, Chairperson

2017 CALENDAR of events

Tuesday lessons begin: June 6, 2017
Thursday lessons begin: June 1, 2017

Open House

Saturday May 14, 2017
1:00 pm - 2:00 pm
1372 Fourth Line Rd, Douro-Dummer

Volunteer Orientation & Training

Saturday, May 14, 2017
starting at 2:00 pm
1372 Fourth Line Rd, Douro-Dummer

PARD Schooling Show

Sunday, August 20, 2017
9:00 am
1372 Fourth Line Rd, Douro-Dummer

Volunteer & Rider Appreciation Corn Roast

Monday, August 21, 2017
6:00 pm
1372 Fourth Line Rd, Douro-Dummer

PARD Games Show

Sunday, October 1, 2017
10:00 am
1372 Fourth Line Rd, Douro-Dummer

Warsaw Christmas Parade

Saturday, November 25, 2017
Time to be confirmed
Town of Warsaw (meeting details to follow, RSVP required)

Bingo to benefit PARD Therapeutic Riding

February 2018
Delta Bingo Hall
1019 Clonsilla Av, Peterborough



2017 Schooling Show

Classes begin at 9am
Entry fees - \$10/class or \$35/division

Sunday, 20th of August

1372 4th Line Rd, Douro-Dummer

*Special thanks to our sponsors
for their generous support.*

SHOWMANSHIP DIVISION

1. Showmanship
2. Halter

CROSS RAILS DIVISION

3. Equitation Under Saddle
4. Hunter Under Saddle
5. Equitation Over Fences (X-rails)
6. Hunter Over Fences (X-rails)

HACK DIVISION

7. Show Hack
8. Hunter Hack
9. Pleasure Hack
10. Road Hack

NOVICE DIVISION

11. Equitation Under Saddle
12. Hunter Under Saddle
13. Equitation Over Fences (1'9")
14. Hunter Over Fences (1'9")

SPECIALTY CLASSES (no Champion)

15. Lead Line
16. Costume

HUNTER DIVISION

2'3" - 2'6"

17. Equitation Under Saddle
18. Hunter Under Saddle
19. Equitation Over Fences
20. Hunter Over Fences

JUMPER DIVISION 2'6"

21. Table A
22. Table B
23. Table C
24. Jumper Medal

GAMES DIVISION

25. Command Class
26. Steady Hands
27. Chew the Cracker and Whistle
28. Ride \$5 Bucks
29. Best Turned Out

CASH PRIZES!



- ☑ 1st Place in each Class wins \$10
- ☑ Ribbons awarded 1st through 6th
- ☑ Champion in these Divisions wins \$100
 - Hunter
 - Jumper
- ☑ Champion in these Divisions wins \$50
 - Showmanship
 - Cross Rails
 - Hack
 - Novice
- ☑ Reserve Champion wins \$25



*Hilary Lunn and
Ginger at one of
their first PARD
Schooling Shows
together.*

**For more info, visit www.pard.ca
Proceeds to support PARD Therapeutic Riding**

This volunteer pair appreciate PARD'S hands-on approach

My then 12 year-old daughter, Jaclyn, and I started volunteering with PARD after having read about their need for volunteers in the Peterborough Examiner last summer.

I was captivated immediately by the mission, and by the tireless work of the volunteers. Watching the transformation of the riders as they mounted the horses and rode around the ring, inspired me to think of what more I could do to support this experience.

I was so impressed by the fact that the volunteer Board of Directors did whatever needed to be done to run the program, and to achieve its growth. The organization of fundraising initiatives, the hands-on approach to getting the work done, and the seemingly endless giving of time and personal resources by those who have committed to this incredibly valuable program, have made me want to do more to help.

It has been an excellent example for my daughter of selfless giving in order to provide a therapeutic outlet to those who need it the most. I am proud to be part of this organization.

Anne Marie Duncan

PARD is accepting applications to join the Board of Directors

Our Mission: To provide the physical, emotional and psychological benefits of therapeutic riding in a non-clinical environment to qualifying individuals living in the Peterborough area regardless of age, ability, or financial means.

PARD is seeking enthusiastic people to join our volunteer Board of Directors to further the organization's mission through fundraising, program development, community awareness and stewardship. The role of a Director with PARD can be varied – tailored to your skills and interests whether it be at the farm assisting with the horses, riders within the program itself or at our equine events, or in a supporting capacity assisting with administrative needs, financial/business planning, fundraising efforts, project management, marketing and community awareness.

Applicants must be 18 years of age or older and available to attend monthly evening board meetings, which average 2.5 hours in length. Applicants will be required to provide a current and clean vulnerable sector and criminal background check.

To apply, please submit a letter and/or resume outlining your interest and any relevant experience to: PARD Therapeutic Riding, re Board Application via email to info@pard.ca or via post to PO Box 1654, Peterborough, ON K9J 7S4.

YOU'RE INVITED TO OUR

OPEN HOUSE

Saturday, May 13th, 1pm - 2pm
& Volunteer Orientation at 2pm



PARD
THERAPEUTIC RIDING

1372 Fourth Line Road,
South Dummer, Douro-Dummer

PARD Therapeutic Riding is a Peterborough area not-for-profit organization that has provided a riding program for over 25 years to individuals of varying ages and abilities.

- Learn about our program
- Meet our PARD horses
- Meet our instructors & volunteers
- Watch lessons of riders at different skill levels
- Join us for refreshments
- Immediately followed by our volunteer orientation at 2pm

For more information, visit us online at PARD.CA or EMAIL us at INFO@PARD.CA



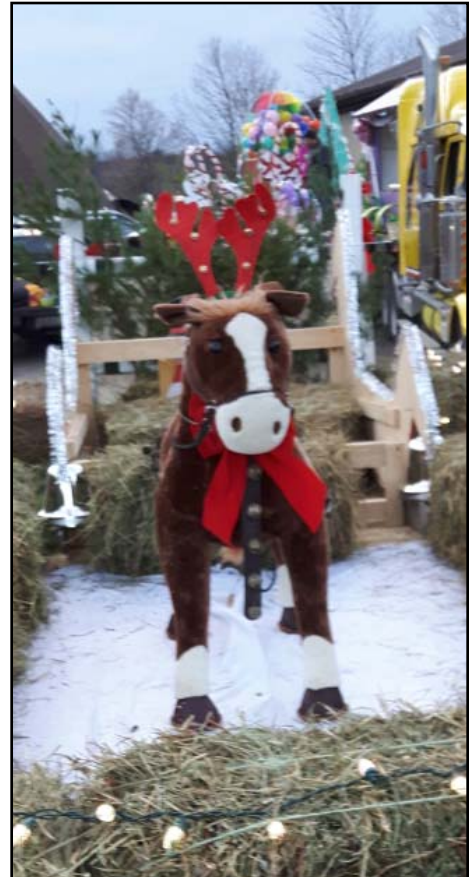
Ontario Trillium Foundation

Fondation Trillium de l'Ontario

Making magical holiday memories with our friends at PARD



PARD riders and supporters bundled up on a cool November evening to take part in the 2016 annual Warsaw Santa Claus parade.



Is that Doc pulling the PARD sleigh in the parade?

“Don’t be afraid to try something” is great advice



Miriam rides Frank during her lessons.

Volunteer Jaclyn, who is in Grade 8, had an opportunity to interview PARD rider Miriam, who attends high school in Peterborough. Here is an excerpt of the interview:

Jaclyn: How long have you been riding with PARD?

Miriam: Two years in Peterborough and three years in Tillsonburg.

Jaclyn: Can describe how you felt the first time you rode?

Miriam: Good. Not nervous at all and really happy and excited to be riding.

Jaclyn: How do you think your skills have developed?

Miriam: Quite well. I am really comfortable riding and I have fun grooming the horses. I did two

competitions in the PARD show and won 4th and 6th by having to walk the horse through different drills.

Jaclyn: How does it make you feel to be on a horse?

Miriam: Quite good. It makes me happy, confident, never afraid and I love being on the horse, especially when we play games.

Jaclyn: What would you say to another person considering riding at PARD?

Miriam: You would get to meet so many different horses, and you get to play games and meet new people who will help you improve and just don't be afraid to try something because you might regret not doing so.



Sarah and Frank get a little advice from Chris while keeping cool in the shade.

A look back at 2016... It was a great season!



Bobby enjoys an spring-time grooming session after the long winter.



The Costume class is a favourite among riders and spectators at the Games Show.



Donna and Nubuck horsing around for the camera.

Were you at the 2016 PARD Volunteer Orientation?

You never know what kind of weather we'll get in May for the annual PARD Open House but May 29th 2016 was a bright and sunny day with summer-like temperatures. PARD welcomed new riders and their families and hosted an information and orientation session for the season's new volunteers. It was a great opportunity for our instructors to showcase sample lessons and field an active question & answer period.

Thank you to everyone who joined us and made the day such a success.



Is it Spring yet?

Howdy Folks! Welcome to spring, well, almost to spring. With the mild temperatures this month, it sure feels like spring is just around the corner. We – that's Frank, Nubuck, Stormy, Bobby and I (Doc) – are excited because spring means that we will soon be nibbling on sweet tender blades of grass.

Hey, don't get me wrong. All of us really appreciate the hay that we eat during the winter. Wendy and Brendon Carruthers who own/operate Wendon Hills Equestrian Centre where we live, make sure that we always have hay available to eat free-choice or "24/7". Continual access to hay means that we eat and digest small amounts of feed frequently throughout the day and night, which is what Mother Nature intended. Our bodies turn the hay into fuel, supplying us with energy to keep warm during those cold winter nights. (Our blankets help, too.) Hay is also a source of fibre and fibre is important to keep our digestive tracts healthy and working well.

Some of you might not know this but before it becomes "hay", the plants look just like grass growing in a field. That's because they are grass! Special types of grass like timothy and brome are planted and grown to be harvested in the summer as hay. At a particular stage of their growth, the grasses are cut close to the ground and left lying in the field to dry as hay under the warm summer sun. When they have dried sufficiently, a piece of farm equipment called a



baler picks up the hay, ties it with twine into packages called bales. The bales are then removed from the field and stored under cover until they are fed to us. In the winter, Wendy and Brendon provide us with large sweet-smelling bales of hay, one at a time. Each of these big round bales can weigh 400 or more pounds and it might take the five of us several days to eat an entire one! (Well, if Nubuck wasn't such a "hay hog", they might last a bit longer!)

Unfortunately, we did not get much rain last summer in our area and the hay fields did not grow well. That meant that hay was in short supply and Stormy and Nubuck were a bit worried that they might not get enough to eat this winter. I told them that Wendy and Brendon would make sure that there would be lots for all of us.....and I was right! Thanks to Wendy and Brendon for looking after us! And thanks to all the PARD sponsors and donors whose contributions help ensure that we are well cared for - all year round. Why not come out and check us out this spring? Visit with Wendy and Brendon and all the gang involved with PARD Therapeutic Riding at Wendon Hills Equestrian Centre. We'd love to see you! (And keep your fingers crossed for spring rain showers to kick-start the grass growing!)



Stormy, Doc and Frank enjoying their hay in the springtime sunshine.

Doc

PARD 2017

Registration information and forms
available online at www.pard.ca.

Games Show

Sun, 1st of October, 2017

Games begin at 9:00am

Entry fees - \$5/game

• BBQ refreshments
• Plenty of trailer parking
• Enter by Friday, Sept 29th
to be entered into
Early Bird Registration Draw
(Pay entry fee upon arrival)

1372 4th Line Rd, South Dummer,
Douro-Dummer

WALK/TROT YOUTH DIVISION (17 & under)

1. Command Class
2. Barrel Race
3. Key Hole
4. Flag Race
5. Team Relay
6. Carrot Race
7. Trail Class

ADULT DIVISION

8. Trail Class
9. Command Class
10. Barrel Race
11. Key Hole
12. Flag Race
13. Carrot Race

WALK/TROT/CANTER DIVISION

14. Command Class
15. Steady Hands
16. Barrel Race
17. Key Hole
18. Flag Race
19. Team Relay
20. Carrot Race
21. Trail Class

OPEN DIVISION

22. Chew the Cracker
& Whistle
23. Ride \$5 Bucks

Catherine and
Bryson racing
against the
stopwatch.

For more info, visit www.pard.ca
Proceeds to support PARD Therapeutic Riding



Can you help fill our wish lists?

- Canadian Tire money
- grey Tremclad spray paint
- Hand sanitizer
- Large garbage bags
- Blue recycling bags
- Bottled water
- Sun screen
- Bug repellent
- Letter size printer paper
- Hanging file folders (8-1/2" x 11")
- File folders (8-1/2" x 11")
- Canadian stamps

- Size #10 envelopes
- Laminating sheets
- Laminator
- Name tag labels

Specifically for the horses:

- MSM equine supplement
- Cowboy Magic detangler
- Bit wipes
- Spray bottles



2017 PARD Board of Directors

Chairperson: Angie Muir

Treasurer: Julia Dean

Secretary: Anne Marie Duncan

Program Director:

Kathy Carruthers

Volunteer Director:

Michelle Bozec

Directors: Crystal Edwards,

Cathy Rae, Sarah Magee-Graham

PARD's Board of Directors meets monthly. You can contact **PARD Therapeutic Riding** or members of the board at: PO Box 1654, Peterborough ON K9J 7S4, Tel (705) 742-6441 or email at info@pard.ca.

It takes a lot of resources to keep the PARD program running. One of the most important resources is the selfless volunteer who comes out on Tuesday and Thursday nights to help with the program. Whether it be to lead a horse, sidewalk with a rider for safety, assist with grooming and tacking or just to help the riders put on their helmet at the start of a lesson, the program night volunteer is vital to keeping the program operational.

"Thank you" to all of the program volunteers to come out to support us!

If you are interested in becoming a volunteer with PARD or joining the board of directors, please contact our Volunteer Coordinator. We are currently looking for new members to bring fresh ideas, energy, skills and experience to the PARD board. We would love to tell you more.

Important notice: police checks

Reminder that all volunteers require a current Police Check with a Vulnerable Sector Check. If you are under 18 yrs old, only the Police Check is required.

For Peterborough-Lakefield Regional Police, we have a letter so that you can qualify for the volunteer rate. For OPP, we have a form that needs to be taken for the Vulnerable Sector Check. Please inquire.

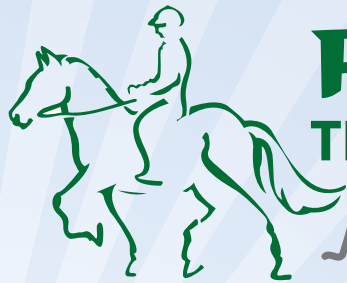
FREE* First Aid Training available to returning volunteers

As part of our commitment to enhance the safety of our riders and invest in the training of our volunteers, PARD is offering to reimburse returning volunteers for CPR/First Aid training. If you are interested in taking part in this Trillium sponsored initiative, please contact us.

2017 will be the last year PARD offers this deal so take advantage of the great savings (and maybe you'll save a life one day, too!)

info@pard.ca · (705) 742-6441





PARD THERAPEUTIC RIDING



P.O. Box 1654, Peterborough, ON K9J 7S4
Tel (705) 742-6441
Charitable Registration No. 11909 1759 RR0001

PARD Therapeutic Riding is excitedly preparing for this year's program and season events. We are planning a variety of fundraising events to support our efforts and would like to invite you to be a part of something wonderful.

On August 20th, 2017, PARD will be hosting our annual Schooling Show, a horse show open to riders of all experience levels and abilities. We hope that you or your business will support this fantastic event through a gift-in-kind or financial sponsorship. In appreciation, we will proudly display your name on our website, on our sponsor board, in our event program and in our newsletters so that our community will know of your generous support.



PARD Therapeutic Riding boosts riders' confidence and skills offering riding lessons to individuals of all ages who have various disabilities including cystic fibrosis, multiple sclerosis, muscular dystrophy, spina bifida, cerebral palsy, stroke, accident injury, visual impairment and hearing challenges. The Peterborough area charitable organization has operated for over 25 years solely by volunteers and relies on financial support from our community.

With annual operating costs of \$30,000, these fundraising events are paramount to PARD's survival. We want to continue to offer PARD's benefits to our riders, and ultimately, PARD would love to be able to expand our program allowing us to reduce the length of our rider wait list.

You are, of course, also invited to visit the new PARD facilities at 1372 Fourth Line Road in Douro-Dummer on all of our event days or any other program night. It's wonderful to see the happy faces of our riders!

If you would like more information on PARD, please check out our website at www.pard.ca, and click on the "Video" link to see our riders, instructors and volunteers in action. You can also find us on Facebook as PARD Therapeutic Riding – you'll Like it!

**For more information, visit us online at
PARD.CA or EMAIL us at INFO@PARD.CA**

Ontario
Trillium
Foundation



Fondation
Trillium
de l'Ontario



Come shopping at the PARD Store

Therm-O-Snack Bag

Sturdy insulated bag is imprinted with the PARD logo & features zipper closure & elastic pouch on side.

\$10 each



Executive Umbrella

Nylon umbrella imprinted with PARD logo features wooden tipped ribs & sturdy wooden shaft & handle. Automatic open for quick coverage. Velcro® tie closure.

\$15 each



Elite Baseball Cap

Heavyweight 100% brushed-cotton cap includes PARD logo embroidered on front.

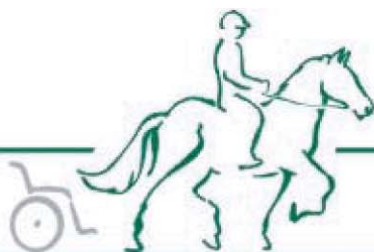
\$10 each

PolySure Sport Bottle

Screw-on cap has a push/pull lid. Wide mouth offers easy access for cleaning or stirring powdered drinks. Bottle made with BPA-free PETE plastic bearing recycle symbol #1. PARD logo on side.

\$5 each

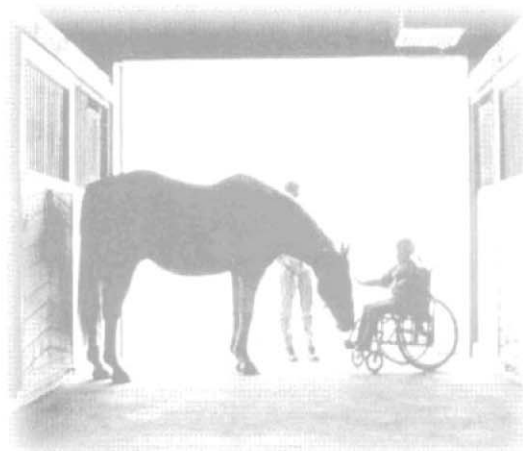
PARD
THERAPEUTIC RIDING



P.O. Box 1654, Peterborough, ON K9J 7S4 Canada
Tel. (705) 742-6441 • Online: www.pard.ca
e-mail: info@pard.ca

Charitable Registration No. 11909 1759 RR0001

YES, I want to help PARD riders achieve their dreams.



☐ \$25 ☐ \$50 ☐ \$100 ☐ \$200 ☐ Other _____ ☐ Donation-in-Kind

☐ Please find enclosed my cheque payable to **PARD Therapeutic Riding**

☐ I prefer to charge my contribution to my credit card.

*Credit card donations are coordinated securely through PayPal online at www.pard.ca via the **Donate** button.*

Donor(s) Name: _____

In memory of (optional): _____

Address: _____

City: _____ Prov: _____ PC: _____

Telephone: () _____ Email: _____

Charitable tax donation receipts will be issued for donations of \$20 or more. Receipts for Donation-in-Kind will be issued for retail value before taxes. Contact information collected here is for administrative purposes of **PARD Therapeutic Riding** only and will not be shared with third parties.