

Spring 2012



# PARDNews

[www.pard.ca](http://www.pard.ca)

Visit us on [facebook](#) ... You'll [Like](#) us!

*We would like to welcome back all of the riders in our program and all of the wonderful volunteers that enable PARD to continue with our therapeutic riding program. We look forward to another great season at PARD.*

## PARD board and horses are gearing up for a great season ... Welcome back!

Our instructors are finalizing rider lists and lesson plans. The PARD horses are getting back in shape. Tack is being readied and the grounds are getting groomed along with the horses.

Officially, lessons are expected to start Tuesday, June 5 and Thursday, June 7 but the preparation starts well before then. PARD instructors and volunteers are spending a lot of time getting things ready before our first riders arrive.

Be sure to join us at our upcoming Open House and the Volunteer Orientation to get yourself back in the groove. Returning volunteers will need to provide updated registration information including a current police check. You can find the current forms and letters on our website at [www.pard.ca](http://www.pard.ca) plus we will have copies available at the Open House and Orientation.

Lots of great events and fun stuff in the works. It's going to be a great season!



Broomball on horseback is harder than it looks but still lots of fun and great exercise for the horses, instructors and volunteers.



## This "Doc" brings his own kind of medicine to PARD



PARD welcomed Doc in our 2011 riding season. The purchase of Doc was made possible by the Ontario Trillium Foundation grant.

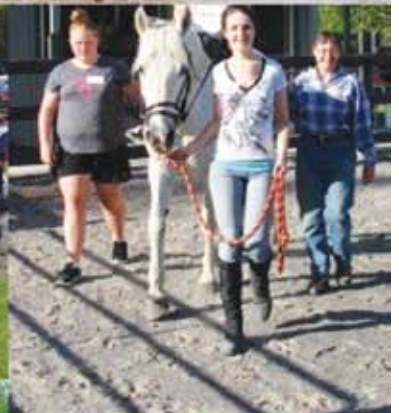
Doc is a 14-year old Quarter Horse. He worked very hard on his training with the other PARD horses and was introduced to our riders early last season. He quickly became a favourite with several riders. His size and gentle nature put even nervous riders at ease quickly.





To our wonderful volunteers...

# Thank You!





## 2012 PARD Board of Directors

**Chairperson:** Tracy Magee-Graham

**Treasurer:** Julia Dean

**Secretary:** Chris Walker

**Program Coordinator:** Kathy Carruthers

**Volunteer Coordinator:** Michelle Bozec

**Bookkeeper:** Charlie Martin

**Directors:** Michelle Bozec  
Crystal Edwards  
Jacquie Hansford  
Nancy Martin  
Jane Raaymakers  
Marissa Wheal  
Timmer Holt

**Junior Directors:**  
Sarah Magee-Graham  
Emilie Raaymakers

PARD's Board of Directors meets on the second Monday of each month. You can contact PARD Therapeutic Riding or members of the board at:

PO Box 1654, Peterborough ON K9J 7S4, Telephone (705) 742-6441 or via email at [info@pard.ca](mailto:info@pard.ca). For more information, visit us online at [www.pard.ca](http://www.pard.ca).

**"Stormy" is a gentle addition to the team**



PARD also welcomed Stormy to our program in 2011. Stormy is a 12-year old Quarter Horse who has already proven his abilities in our program.

The purchase of Stormy was made possible by the Ontario Trillium Foundation Grant.



## Can you help fill our wish list?

- Canadian stamps
- Size #10 envelopes
- Canadian Tire money
- Paper towels
- Hand sanitizer
- Large garbage bags
- Bottled water
- Scissors
- Toilet paper
- Kleenex
- Chalk
- Dry erase markers
- Sun screen
- Bug repellent
- Stapler and staples
- Letter size printer paper
- Pencils
- File folders: 8.5 x 11
- Hanging file folders: 8.5 x 11
- Large manual envelopes
- Metal pencil sharpener
- Laminator
- Laminating sheets
- Blue recycling bags
- Simple green cleaning products



## WANTED



**Donate your Canadian Tire money to PARD for purchasing supplies that are required for the maintenance of equipment and our facilities.**



## OPEN HOUSE

- learn about our program
- meet the PARD horses
- meet our instructors & volunteers
- watch lessons for riders at different skill levels
- join us for refreshments

**Sunday, May 6, 2012  
1pm - 3pm  
570 Woodside Rd, Keene**

## CALENDAR of events

Tuesday lessons begin: June 5, 2012  
Thursday lessons begin: June 7, 2012

**PARD Therapeutic Riding Open House**  
Sunday, May 6, 2012  
1:00 - 3:00 pm  
PARD, 570 Woodside Rd, Keene

**Volunteer Orientation & Training Day**  
Saturday, May 12, 2012  
9:30 am  
PARD, 570 Woodside Rd, Keene

**PARD Schooling Show**  
Sunday, June 24, 2012  
9:00 am  
PARD, 570 Woodside Rd, Keene

**PARD Games Show**  
Sunday, October 21, 2012  
rain date: October 28, 2012  
11:00 am  
PARD, 570 Woodside Rd, Keene

**Volunteer & Rider Appreciation Corn Roast**  
Monday, August 20, 2012  
6:00 pm  
PARD, 570 Woodside Rd, Keene



## Pennies for ponies

Canada's penny was killed by the Conservative government in their 2012 Budget presented recently, when it was announced The Royal Canadian Mint will stop pressing the coins this fall, although the coins will still be accepted as legal tender.

The budget says the cost of minting each penny has risen to 1.6 cents. Its purchasing power has fallen to a 20th of its original value.

"Some Canadians consider the penny more of a nuisance than a useful coin," the budget documents said. Others have been finding use for pennies - jewelry making, floor coverings, art... This is Linda Seidman's penny-covered sculpture called "Horse Cents."



PARD Therapeutic Riding will gladly put your pennies to good use in their retirement. We invite you to bring your pennies to PARD where we will have

buckets available for collection. Alternate arrangements can be made with our board members or volunteers if you are unable to bring the pennies to PARD but would like to contribute.

The pennies will be used towards operational expenses - board, feed, veterinary care, etc. What a great way to give purpose to the penny's existence.



## 2011 PARD Corn Roast

The annual PARD corn roast is a wonderful opportunity for riders and their families to spend time with the instructors and volunteers in a relaxed, social setting. The board barbecues to go along with the corn but, please, feel free to bring a treat to share :)







**PARD**  
THERAPEUTIC RIDING

Ontario  
Trillium Foundation



Fondation Trillium  
de l'Ontario

*Volunteers are at the heart of **PARD Therapeutic Riding**.*

*Without your help we simply could not operate. Your involvement is greatly appreciated.*

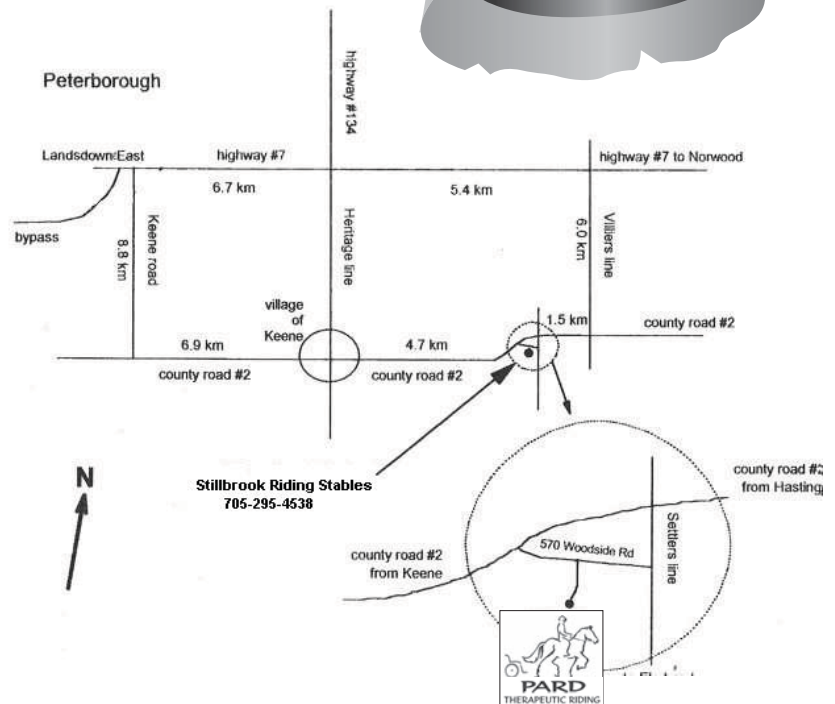
# Volunteer Opportunity!

**Open House: Sunday, May 6th, 1pm - 3pm**  
**Orientation Day: Saturday, May 12th, 9:30am - 12:30pm**  
**570 Woodside Road, Keene**

***Horse experience is  
not necessary.***

Volunteers are needed for a few hours a week to assist with the riding program which runs from June into September.

Get your high school community service requirement hours.



For further information please e-mail **PARD Therapeutic Riding** at [info@pard.ca](mailto:info@pard.ca)

You can also find us on **facebook** under PARD Therapeutic Riding ... You'll Like us!

## Come shopping at the PARD Store

### Therm-O-Snack Bag

Sturdy insulated bag is imprinted with the PARD logo & features zipper closure & elastic pouch on side.

**\$10 each**

### Executive Umbrella

Nylon umbrella imprinted with PARD logo features wooden tipped ribs & sturdy wooden shaft & handle. Automatic open for quick coverage. Velcro® tie closure. Clear PVC case included.

**\$15 each**

### Elite Baseball Cap

Heavyweight 100% brushed-cotton cap includes PARD logo embroidered on front.

**\$10 each**

### Roll Up Fleece Blanket

Cozy fleece blanket folds up into itself, secures with a Velcro® closure & has handle for easy carrying. PARD logo printed on flap.

**\$15 each**

### PolySure Sport Bottle

Screw-on cap has a push/pull lid. Wide mouth offers easy access for cleaning or stirring powdered drinks. Bottle made with BPA-free PETE plastic bearing recycle symbol #1. PARD logo on side.

**\$5 for 2 bottles**

### Folding Chair

Comfortable oversized seat & mesh cup holder on each arm. Made of sturdy 600-denier nylon & steel tubular frame with a 136kg weight limit. Includes carrying bag. PARD logo on back of backrest.

**\$25 each**

### "Chevy", "Reno" or "Bo"


9" plush pony with PARD bandana  
Chevy: brown spots  
Reno: palamino & Bo: black spots

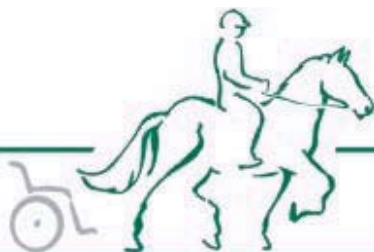
**\$15 each**

### Hand Sanitizer

Handy 2 oz. cleansing gel will leave hands feeling refreshed without leaving a sticky residue.

**\$5 for 2 bottles**

 Included in Volunteer Welcome Package. Ask about becoming a volunteer today.



# This is what I want to buy at the PARD Store

Item	Quantity	Rate	Sub-total
A. Therm-O-Snack Bag	_____	x \$10 each	\$_____
B. Elite Baseball Cap	_____	x \$10 each	\$_____
C. Roll Up Fleece Blanket	_____	x \$15 each	\$_____
D. PolySure Sport Bottle	_____	x \$5 for 2	\$_____
E. Executive Umbrella	_____	x \$15 each	\$_____
F. Folding Chair	_____	x \$25 each	\$_____
G. Hand Sanitizer	_____	x \$5 for 2	\$_____
H. "Chevy" plush	_____	x \$15 each	\$_____
I. "Reno" plush	_____	x \$15 each	\$_____
J. "Bo" plush	_____	x \$15 each	\$_____
<b>Total Items =</b> _____			

**Payment Due** \$\_\_\_\_\_



## Payment Information

Customer Name: \_\_\_\_\_

☐ Cash payment (can be submitted in person to PARD board members)

☐ Please find enclosed my cheque payable to **PARD Therapeutic Riding** for \$\_\_\_\_\_

☐ I prefer to charge my purchase to my credit card: ☐ VISA ☐ MasterCard for \$\_\_\_\_\_

Card No.: \_\_\_\_\_ Expiry Date: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov: \_\_\_\_\_ PC: \_\_\_\_\_

Telephone: ( ) \_\_\_\_\_ Email: \_\_\_\_\_



### For PARD administrative use only

Order processed by \_\_\_\_\_ Received on (date) \_\_\_\_\_ Product received by customer ☐ on (date) \_\_\_\_\_



## First annual Open House was a great success

To showcase PARD's therapeutic program, attracting new volunteers and to explain the benefits to potential riders, PARD hosted its first Open House before the start of the 2011 season.

The event was well attended despite the threat of showers - maybe it was the refreshment table that drew the crowd. Regardless, the sample lessons and question & answer period were productive and succeeded in expanding PARD's volunteer support.



## "Thank you"

2011 was a great year for PARD in the development of relationships with new and returning sponsors.

We are working towards a permanent recognition board to honour the generosity and commitment of all our supporting sponsors. Their are sponsorship opportunities throughout the year to be a part of PARD's community work - and whether it be by sponsoring a show class, contributing towards a special purchase or even sponsoring a horse - every bit of support is greatly appreciated and contributes to our program's continued success.

YOU'RE INVITED TO OUR

## OPEN HOUSE

May 6<sup>th</sup>, 1pm - 3pm

570 Woodside Road, Keene, ON



**PARD**  
Therapeutic Riding

PARD Therapeutic Riding is a Peterborough area not-for-profit organization that has provided a riding program for over 25 years to individuals of varying ages and disabilities.

- Learn about our program
- Meet our PARD horses
- Meet our instructors & volunteers
- Watch lessons of riders at different skill levels
- Join us for refreshments



**Find out why volunteering with PARD is right for you!**

For more information, visit us on FACEBOOK or EMAIL us at [INFO@PARD.CA](mailto:INFO@PARD.CA)



Ontario  
Trillium  
Foundation



Fondation  
Trillium  
de l'Ontario



# 2012 Schooling Show

Sunday, 24th of June

570 Woodside Rd, Keene



Registration information and forms  
available online at [www.pard.ca](http://www.pard.ca)  
Pre-register by dropping your forms  
off c/o Peterborough This Week,  
at 884 Ford St, Peterborough.

*Jaz Habgood and  
Wendon Hills' Freedom  
take a jump at the 2011  
PARD Schooling Show.*



#### SHOWMANSHIP DIVISION

1. Showmanship
2. Halter

#### CROSS RAILS DIVISION

3. Equitation Under Saddle
4. Hunter Under Saddle
5. Equitation Over Fences (X-rails)
6. Hunter Over Fences (X-rails)

#### GREEN HORSE DIVISION

7. Equitation Under Saddle
8. Hunter Under Saddle
9. Equitation Over Fences (1'9")
10. Hunter Over Fences (1'9")

#### NOVICE DIVISION

11. Equitation Under Saddle
12. Hunter Under Saddle
13. Equitation Over Fences (1'9")
14. Hunter Over Fences (1'9")

#### SPECIALTY CLASSES

15. Lead Line
16. Hunter Pairs On Flat
17. Hunter Pairs Over Fences

#### HUNTER DIVISION

18. Equitation Under Saddle
19. Hunter Under Saddle
20. Equitation Over Fences (2'3")
21. Hunter Over Fences (2'3")

#### JUMPER DIVISION

22. 2'6" (no jump-off)
23. 2'6" (with jump-off)
24. 2'6" Speed
25. Gamblers Choice

#### GAMES DIVISION

26. Command Class
27. Steady Hands
28. Chew the Cracker and Whistle
29. Ride \$5 Bucks
30. Best Turned Out

Classes begin  
at 9am

Entry fees -  
\$10/class or  
\$35/division

**CASH  
PRIZES!**

*For more info, visit [www.pard.ca](http://www.pard.ca)  
Proceeds to support PARD Therapeutic Riding*

# SHOW ENTRY FORM

Classes start at 9am

For more info,  
visit us online at  
[www.pard.ca](http://www.pard.ca)

# 2012 Schooling Show

Sunday, 24th of June

570 Woodside Rd, Keene



SHOWMANSHIP DIVISION	COST	TOTAL
<input type="checkbox"/> 1. Showmanship	\$10.00	_____
<input type="checkbox"/> 2. Halter	\$10.00	_____

Rider Name: \_\_\_\_\_

CROSS RAILS DIVISION	COST	TOTAL
<input type="checkbox"/> 3. Equitation Under Saddle	\$10.00	_____
<input type="checkbox"/> 4. Hunter Under Saddle	\$10.00	_____
<input type="checkbox"/> 5. Equitation Over Fences (X-rails)	\$10.00	_____
<input type="checkbox"/> 6. Hunter Over Fences (X-rails)	\$10.00	_____
DIVISION TOTAL	\$35.00	_____

Horse Name: \_\_\_\_\_

Stable: \_\_\_\_\_

**GREEN HORSE DIVISION** (for horses in their 1st or 2nd year of showing that have not won a division champion or reserve champion in the previous season. Green horses may not enter any other Hunter Jumper division)

<input type="checkbox"/> 7. Equitation Under Saddle	\$10.00	_____
<input type="checkbox"/> 8. Hunter Under Saddle	\$10.00	_____
<input type="checkbox"/> 9. Equitation Over Fences (1'9")	\$10.00	_____
<input type="checkbox"/> 10. Hunter Over Fences (1'9")	\$10.00	_____
DIVISION TOTAL	\$35.00	_____

Payment by cash ☐ or cheque ☐ only.  
Please make cheque payable to: **PARD**

CLASS TOTAL \$ \_\_\_\_\_

RIDER #

DEPOSIT for show # \$ 5.00

TOTAL PAYABLE \$ \_\_\_\_\_

REFUND for returned number \$ \_\_\_\_\_

NOVICE DIVISION (1st & 2nd Year Showing)	COST	TOTAL
<input type="checkbox"/> 11. Equitation Under Saddle	\$10.00	_____
<input type="checkbox"/> 12. Hunter Under Saddle	\$10.00	_____
<input type="checkbox"/> 13. Equitation Over Fences (1'9")	\$10.00	_____
<input type="checkbox"/> 14. Hunter Over Fences (1'9")	\$10.00	_____
DIVISION TOTAL	\$35.00	_____

**IMPORTANT** - If 18 years of age or under, Waiver must be signed by Parent or Guardian.

## SHOW WAIVER

This document will affect Your Legal Rights and Liabilities  
PLEASE READ CAREFULLY

SPECIALTY CLASSES	COST	TOTAL
<input type="checkbox"/> 15. Lead Line	\$10.00	_____
<input type="checkbox"/> 16. Hunter Pairs on the Flat	\$10.00	_____
<input type="checkbox"/> 17. Hunter Pairs Over Fences	\$10.00	_____

I understand that horse riding is a risk sport and that I am participating at my own risk and in the full knowledge that there is some element of risk that an accident could occur and result in injury or death to the rider or their mount. I also understand that while participating in this high-risk sport, it is recommended that I wear a helmet with fixed harness while mounted.

HUNTER DIVISION	COST	TOTAL
<input type="checkbox"/> 18. Equitation Under Saddle	\$10.00	_____
<input type="checkbox"/> 19. Hunter Under Saddle	\$10.00	_____
<input type="checkbox"/> 20. Equitation Over Fences (2'3")	\$10.00	_____
<input type="checkbox"/> 21. Hunter Over Fences (2'3")	\$10.00	_____
DIVISION TOTAL	\$35.00	_____

In consideration of acceptance of this entry I agree to save harmless all members of PARD Therapeutic Riding, Stillbrook Riding Stables, officials, servants and representatives from and against all claims, costs and expenses and demands in respect of death, injury, loss or damage to person or property however caused.

JUMPER DIVISION	COST	TOTAL
<input type="checkbox"/> 22. 2'6" Jumper (no jump-off)	\$10.00	_____
<input type="checkbox"/> 23. 2'6" Jumper (with jump-off)	\$10.00	_____
<input type="checkbox"/> 24. 2'6" Speed	\$10.00	_____
<input type="checkbox"/> 25. Gamblers Choice	\$10.00	_____
DIVISION TOTAL	\$35.00	_____

Date of Show: **Sunday, June 24, 2012.**

GAMES DIVISION	COST	TOTAL
<input type="checkbox"/> 26. Command Class	\$10.00	_____
<input type="checkbox"/> 27. Steady Hands	\$10.00	_____
<input type="checkbox"/> 28. Chew the Cracker & Whistle	\$10.00	_____
<input type="checkbox"/> 29. Ride \$5 Bucks	\$5.00	_____
DIVISION TOTAL	\$30.00	_____

I acknowledge as Rider (or Parent/Guardian of) PRINT NAME  
\_\_\_\_\_ that I have read and fully  
understand and agree to the terms and conditions stated above.

☐ Rider's Signature \_\_\_\_\_

OR ☐ Parent/Guardian Signature (if rider under 18 yrs)

Parent/Guardian print name \_\_\_\_\_

Date \_\_\_\_\_



## PARD 2011 Schooling Show



Each summer, PARD's hosts our Schooling Show, an annual fundraising opportunity for the program as well as a chance to increase awareness for the cause.

The show is open to all riders and spectators are also welcome.



Our specialty classes - especially our Hunter Pairs and Lead Line classes - are always a favourite!

This year's show is scheduled for Sunday, June 24th.

We invite you to get involved as a volunteer, an active riding participant or as a spectator.

It will be a great day for everyone!





# PARD 2012 Games Show

Sunday, October 21, 2012

Rain date: October 28, 2012

570 Woodside Rd, Keene

Games begin at 11am

Entry fees - \$5/game

Registration information and forms available online  
at [www.pard.ca](http://www.pard.ca). Pre-register by dropping your forms off  
c/o Peterborough This Week, at 884 Ford St, Peterborough.

## WALK/TROT DIVISION

1. Command
2. Steady Hands
3. Barrel Race
4. Team Relay Race  
• 4 horses per team
5. Flag Race
6. Key Hole
7. Trail Class

## WALK/TROT/CANTER DIVISION

8. Command
9. Steady Hands
10. Barrel Race
11. Team Relay Race  
• 4 horses per team
12. Flag Race
13. Key Hole
14. Trail Class

## OPEN DIVISION

15. Ride \$5 Bucks
16. Chew the Cracker & Whistle



*Sarah Magee-Graham and  
Stillbrook's Christy compete  
in the Key Hole at the  
2011 PARD Games Show.*

*For more info, visit [www.pard.ca](http://www.pard.ca)  
Proceeds to support PARD Therapeutic Riding*





# SHOW ENTRY FORM

# 2012 Games Show

Sunday, October 21, 2012  
Rain date: October 28, 2012

570 Woodside Rd, Keene  
Games start at 11am



WALK/TROT DIVISION	COST	TOTAL
<input type="checkbox"/> 1. Command	\$5.00	_____
<input type="checkbox"/> 2. Steady Hands	\$5.00	_____
<input type="checkbox"/> 3. Barrel Race	\$5.00	_____
<input type="checkbox"/> 4. Team Relay Race	\$5.00	_____
<i>4 horses per team; each pays registration fee on own entry form; list team mates here:</i>		
2. _____		
3. _____		
4. _____		
<input type="checkbox"/> 5. Flag Race	\$5.00	_____
<input type="checkbox"/> 6. Key Hole	\$5.00	_____
<input type="checkbox"/> 7. Trail Class	\$5.00	_____
<b>DIVISION TOTAL</b>	<b>\$35.00</b>	_____

WALK/TROT/CANTER DIVISION	COST	TOTAL
<input type="checkbox"/> 8. Command	\$5.00	_____
<input type="checkbox"/> 9. Steady Hands	\$5.00	_____
<input type="checkbox"/> 10. Barrel Race	\$5.00	_____
<input type="checkbox"/> 11. Team Relay Race	\$5.00	_____
<i>4 horses per team; each pays registration fee on own entry form; list team mates here:</i>		
2. _____		
3. _____		
4. _____		
<input type="checkbox"/> 12. Flag Race	\$5.00	_____
<input type="checkbox"/> 13. Key Hole	\$5.00	_____
<input type="checkbox"/> 14. Trail Class	\$5.00	_____
<b>DIVISION TOTAL</b>	<b>\$35.00</b>	_____

OPEN DIVISION	COST	TOTAL
<input type="checkbox"/> 15. Ride \$5 Bucks	\$5.00	_____
<input type="checkbox"/> 16. Chew the Cracker & Whistle	\$5.00	_____

SHOW NUMBER DEPOSIT	\$5.00	_____
<input type="checkbox"/> will be refunded when number is returned at end of show		

Payment by cash <input type="checkbox"/> or cheque <input type="checkbox"/> only. Please make cheque payable to: PARD	
CLASS TOTAL	\$ _____
DEPOSIT for show #	\$ 5. <sup>00</sup>
TOTAL PAYABLE	\$ _____
REFUND for returned number	\$ _____

Rider Name: _____
Horse Name: _____
Stable: _____
<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> RIDER #    </div>

**IMPORTANT** - If 18 years of age or under, Waiver must be signed by Parent or Guardian.

## SHOW WAIVER

This document will affect Your Legal Rights and Liabilities  
**PLEASE READ CAREFULLY**

I understand that horse riding is a risk sport and that I am participating at my own risk and in the full knowledge that there is some element of risk that an accident could occur and result in injury or death to the rider or their mount. I also understand that while participating in this high-risk sport, it is recommended that I wear a helmet with fixed harness while mounted.

In consideration of acceptance of this entry I agree to save harmless all members of PARD Therapeutic Riding, Stillbrook Riding Stables, officials, servants and representatives from and against all claims, costs and expenses and demands in respect of death, injury, loss or damage to person or property however caused.

Date of Show: **Sunday, October 21, 2012.** (Rain date: Oct 28, 2012)

I acknowledge as Rider (or Parent/Guardian of) PRINT NAME \_\_\_\_\_ that I have read and fully understand and agree to the terms and conditions stated above.

<input type="checkbox"/> Rider's Signature _____
OR <input type="checkbox"/> Parent/Guardian Signature (if rider under 18 yrs)
Parent/Guardian print name _____
Date _____

## PARD 2011 Games Show



PARD hosted our first Games Show on Sunday, May 29th, 2011. Mother Nature threatened the day with some distant rumbles of thunder but the day turned out to be just perfect for our event.

Riders competed in a variety of events including Steady Hands, Command classes, Chew the Cracker & Whistle and an Obstacle course. Between events, riders, spectators and volunteers enjoyed goodies from the BBQ or socialized

with their friends. It was a great way to open the riding season with fun and laughter.

The Games Show has been moved to October for 2012. Still keeping our fingers crossed for good weather, our goal is to end the season with more fun and laughter. We hope you'll join us this year.





## Our instructors are committed to continuing education

PARD's team of instructors are committed to providing the most effective and current lesson therapy to our riders. To ensure that goal, all of our instructors are enrolled in OnTRA training courses and other seminars that will help them achieve or maintain certification.



We are fortunate that the Trillium Foundation supports this goal financially. Chris, Kathy, Wendy and Sarah have been afforded the opportunity to attend a number of local clinics as well as a national convention in PEI during the summer of 2011.



Having struggled in recent years to ensure we had sufficient instructor support, there are several other PARD volunteers poised to begin their own training in coming years.

It's nice to know that our riders are benefitting from the most current information and techniques available in therapeutic riding.

## Who thought BINGO could be so much fun?

Clearly, BINGO regulars knew the game was fun. Now, a whole bunch of PARD supporters know it, too.

Congratulations to all of the lucky winners at our first PARD fundraiser at Kawartha Club Bingo on February 28th. With everyone's support (152 tickets sold, 105 PARD supporters in attendance) and the proceeds from the phenomenal Silent Auction table (50 items!) - a grand total of \$3110 was raised.

Thank you to everyone. A special note of gratitude for our board member, Jacquie Hansford (shown far left), who coordinated the evening and assembled the auction items in wonderful gift baskets.



**Pippa Hodge, P.T., HPCS of British Columbia, CanTRA Coach and CanTRA Examiner**

Pippa is a pediatric physiotherapist who has on numerous occasions brought her wealth of knowledge to Ontario for OnTRA and we are thrilled she has agreed to return. Pippa continues to work tirelessly to promote and advance the area of Hippotherapy in North America. Her extensive experience with both horses and riders is a unique talent that we are fortunate to have in Canada.

**OnTRA Welcomes Pippa Hodge, P.T.**  
May 14 & 15, 2011 at TEAD, Hamilton  
for a highly interactive learning opportunity

**Topics will cover:**

- Observation and assessment of riders via video and in the ring
- Planning activities that are rider/disability specific
- Discussing conformation of therapy horses and how it relates to riders
- Injuries instructors are at risk for receiving
- Equipment and instructor tips
- Care of the horse - assessing back soreness, leg stretches, etc.
- Long-lining explanation and demonstration
- Problem solving session - bring your questions and/or videos! (with rider consent of course)

**We are limiting the attendance at the clinic to 75, so book early!**  
**Registration deadline is May 1, 2011.**

Refunds for cancellation will be provided up to the registration deadline, less a \$25 administration fee.

### Tentative Schedule

**Saturday May 14, 2011**

- 8:30am Registration/coffee
- 9:00am Classroom - observation, assessment and planning
- 10:30am Break
- 10:45am Confirmation - things to look for in a therapy horse
- 12:00pm Lunch - provided on site
- 12:45pm Practical group assessment of a selection of horse types
- 1:30pm Ride demonstration
- 2:45pm Break
- 3:00pm Common instructor injuries
- 4:00pm Q&A
- 5:00pm Adjourn for the day

### Sunday May 15, 2011

- 8:30am Registration/coffee
- 9:00am Care concerns of the horse
- 10:00am Long-lining demonstration
- 12:00pm Problem Solving session
- Adjourn for the day

A limited number of suites are available at Mohawk College for its 16th night (double occupancy - additional \$5/person for additional people) up to a maximum of 4 suites. The group rate will apply for bookings prior to April 14th, after which regular rates will apply. Each suite consists of two bedrooms, a kitchenette complete with microwave and refrigerator, and a private bathroom. A complimentary continental breakfast is served from 7-10 am.

Book Mohawk directly at [www.mohawk.com](http://www.mohawk.com)

Clinic Options	Member Rates	Non-Member Rates
		\$200

My name is Mitchell. I started riding at **PARD** three years ago and I love it! My big sister has been riding horses since I can remember. Now, thanks to everyone at **PARD** I get to ride just like her!!

I was born with Dandy-Walker Syndrome, so some things aren't as easy for me to do as other kids my age. My mom and I have searched and there are not a lot of organized activities/sports for kids like me to be involved in. Thank goodness we have **PARD**. It makes me feel good to be out there riding with everyone. My mom says it's good physio and speech therapy for me when I'm on the horse.

I have to use lots of muscles when I'm riding. My horse listens to what I tell him to do so I really have to try hard to say my words so I can tell the horse to stop and go. Riding helps my coordination --- we do exercises and fun games while we're at our lessons.

Everybody tells me what good work I do when I'm out there riding but I don't notice the work because I'm having too much fun!!

- Mitchell



## Helping riders achieve their dreams

**PARD Therapeutic Riding** is a Peterborough area not-for-profit organization that has provided a riding program for over 25 years to individuals of varying ages and disabilities.

The benefits of therapeutic riding are:

- Improved balance
- Strengthening of muscles
- Improved attention span
- Increased confidence & self-esteem
- Access to recreation sport and/or competition.
- Development of coordination
- Normalization of muscle tone
- Promotion of independence
- Mobilization of trunk & pelvis
- Prevention of contractures
- Improved social integration

As part of an amazing organization, **PARD** volunteers enjoy the smiles of the riders every week, feeling their happiness and sense of accomplishment.

**PARD** does not receive government funding and is financially dependent on support from the local community, businesses, service clubs and fund-raising events. **PARD** does not have any paid staff, relying solely upon volunteer commitment. In today's economic times, this has proven to be an on-going challenge for the volunteers to raise sufficient funds to keep the program operating.

Help us, help them in achieving their dreams.

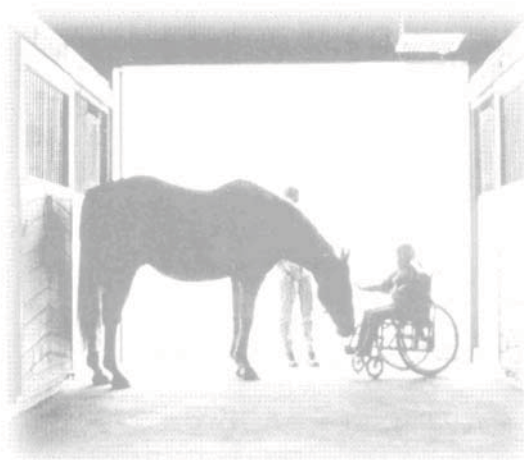
**PARD**  
THERAPEUTIC RIDING



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Tel. (705) 742-6441 • Online: [www.pard.ca](http://www.pard.ca)  
e-mail: [info@pard.ca](mailto:info@pard.ca)

Charitable Registration No. 11909 1759 RR0001

### YES, I want to help **PARD** riders achieve their dreams.



☐ \$25   ☐ \$50   ☐ \$100   ☐ \$200   ☐ Other \_\_\_\_\_   ☐ Donation-in-Kind

☐ Please find enclosed my cheque payable to **PARD Therapeutic Riding**

☐ I prefer to charge my contribution to my credit card: ☐ VISA   ☐ MasterCard

Card No.: \_\_\_\_\_ Expiry Date: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_

Donor(s) Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov: \_\_\_\_\_ PC: \_\_\_\_\_

Telephone: (   ) \_\_\_\_\_ Email: \_\_\_\_\_

Charitable tax donation receipts will be issued for donations of \$20 or more. Receipts for Donation-in-Kind will be issued for retail value before taxes.  
Contact information collected here is for administrative purposes of **PARD Therapeutic Riding** only and will not be shared with third parties.