



*We would like to welcome back all of the riders in our program and all of the wonderful volunteers that make PARD happen every day. We look forward to another great season at PARD. If you are new to PARD, we would like to welcome you and hope that you can be involved in our program, one of our great fundraisers or as a donor.*

## Greetings from the Chair:

Speaking as a relative new-comer to the Board, I would like to say how impressed I am with the dedication and commitment of all the volunteers and of course this includes board members, instructors, people who assist with the weekly program and all those who help with special events. In addition we are indebted to our sponsors and to those who support our fund raising activities throughout the year.

Like most volunteer organizations we are always on the look-out for more people to help share the work. This year our needs have become more acute. In order to survive we need additional help on the Board and help with the weekly riding program. In addition we have to find people who can help with instruction.

This may sound like "preaching to the converted" but I am telling you in the hope that some of you may know people that might be interested in getting involved. I encourage you to let us know of anyone who might be willing to help out.

We look forward to another successful riding season.

*Paul Breese*

## Good-Bye to Our Dear Friend



As many of you know, **Redford** retired at the end of last season after struggling the past couple of years with health issues.

PARD leased Redford from 2000 to 2002 at which time we purchased him from Leslie Wimbush and he became a permanent part of the PARD program. Redford carried a lot of our more complicated riders and also worked in the Independent Riding program at PARD. When he retired, Leslie was thrilled to have Redford back in her life and he settled into retirement at her sister's farm in the Kingston area.

In February 2009, Redford took a fall on the ice and broke his hip and unfortunately he was unable to recover from his injuries and has since passed away. He will always be the King of our pasture and hearts and will be missed by all that had the honour of knowing him.

## I love to ride.

I like horseback riding because it's fun and challenging to do when we play games like red light green light and try to find the grooming brushes that belong to the horses to put back in the bucket that says the horse's name on it. I would get a horse that can jump like crazy and go trail riding over logs at the gallop or canter to have more fun than just walking and trotting everywhere we go and for lessons that take a long time to finish. I've learned that I have to be strict as well as gentle to get the horse to go where I want it to go for going somewhere or for trail riding and having fun with friends. I want to be a horse riding instructor when I grow up or be a farrier for people's horses that are due for shoeing or having their hooves clipped for a show. I also like to meet new friends when they never did riding before or have only tried it once that was a failure to them and they never got a chance to ride a one that was calm and gentle.

**BY: ISABELLE**

## Supporters of PARD

**PARD** wishes to thank the following businesses and individuals for their continued support. Without you, our programs would not be able to operate.

- Douglas Parkes
- Campbellford Veterinary Services
- Fred & Jeannine Stillman
- Riders of Stillbrook Stables
- Staff of Central East Correctional Services
- Dedicated PARD Volunteers
- All of our donors & sponsors

## 2008 Horse Show

Once again the annual horse show was a huge success and monies raised at this fundraiser will support our horses and the PARD programs. It was a wonderful day and for once the weather cooperated with the show. We would like to thank Stillbrook Stables for hosting this show and for the many riders who came out from the various stables to participate in this Kawartha Hunter Jumper Association Show and to support PARD.

For all of the sponsors and donors, your generous support is appreciated by PARD.

To our judge Amy Knight, our Ring Steward Brijette Gruber and our announcer Ron LaLonde, your patience and professionalism made the day go smoothly. Thank you.

Finally, we also would like to thank the many volunteers who spent countless hours and in some cases days, preparing for this event and assisting on show day. Without you this annual event would not be possible.



## Volunteers Needed

Volunteers are needed for a few hours a week to assist with the riding program. Horse experience is not necessary and the program runs from the beginning of June until the beginning of September.

As part of the PARD team of volunteers, you will have the opportunity to participate in a number of important aspects of the therapeutic riding program:

- **Horse Stewards** prepare the horses for the class
- **Horse Leaders** warm up the horses prior to the first lesson and are responsible for the horse throughout the lesson
- **Sidewalkers** under the guidance of the Instructor, provide instruction and/or physical support to assist the riders in achieving their goals.

## Volunteer Assistant Instructors Required

### Position Overview

Working one on one with one of the current program instructors to develop skills required to teach within a therapeutic riding program

### Duties and Responsibilities:

Act as a support to PARD therapeutic riding instructors;

Act as a role model, and mentor to volunteers and riders within the program;

Be an active participant in ongoing education and training pertaining to all aspects of the program i.e. horsemanship; teaching skills; knowledge of medical conditions and rider impact.

### Benefits:

Under the mentorship of program instructors will have opportunities to gain knowledge and skills pertaining to horsemanship, lesson planning, and benefits of therapeutic riding.

Potential to work towards Canadian Therapeutic Riding Association (CanTRA) certification.

For more information & position descriptions for either of these opportunities please visit our website at [www.pard.ca](http://www.pard.ca).

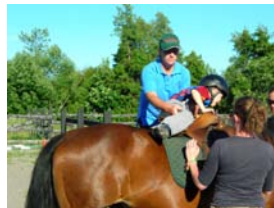
*Volunteers are at the heart of PARD Therapeutic Riding.  
Without your help we simply could not operate.  
Your involvement is greatly appreciated.*



## As a PARD Volunteer

I've only been volunteering at PARD for 2 years, but it's been the most rewarding experience I've ever had. Sometimes after a long day at work I get to PARD feeling exhausted. When I look at the excitement and joy on the riders faces, it makes it all worth while. When the riders are on the horses I see how proud they look and feel. My tired day vanishes and I have an emotion inside that is hard to explain. I've gotten so close to one of the riders that I volunteer during the off season of PARD. The other volunteers are exceptional and the leaders are so committed to helping the riders. I'm happy to say that I'm involved in such a wonderful organization. The secret to living is giving. Thank you PARD.

*Nancy Martin*



## IMPORTANT DATES FOR 2009

### **Volunteer Orientation Day**

Saturday May 23, 2009  
10am at the farm

### **First Riding days are:**

Tuesday June 2, 2009  
Thursday June 4, 2009  
Saturday June 7, 2009

### **Keene Canada Day Parade**

July 1, 2009 in Keene

### **Annual Horse Show**

Sunday August 23, 2009 at 9:00am

### **Rider & Volunteer Appreciation Night**

Annual Corn Roast  
Tuesday August 25, 2009  
6:00pm at the farm

### **Norwood Fair**

October 10-12, 2009  
at the Norwood Fair Grounds

**Details regarding these events can be found on our website [www.pard.ca](http://www.pard.ca).**

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