



2006 was a very busy year for PARD both for our riders and horses and for our Board members as you will see in the following pages. Our riders and horses had a full riding season in spite of the rainy weather and also participated in other events outside their lessons.

Once the riding season is over and the horses and riders

are enjoying a rest, the Board continues to work at fundraising, recruiting volunteers and planning for the coming year.

With spring just around the corner we are all looking forward to another great season at PARD.

## PARD Logo

The first new thing you might notice is our new logo at the top of the page. Once we'd changed our name we felt we needed a new logo to go with it – something a little more modern. After several suggestions and revisions we arrived at this one. We hope you like it as much as we do. We think it will look great on our clothing as well as our letterhead, brochures and website. Thanks to Graeme Walker for all his help and patience in creating our logo.



## Corporate Sponsors

Our corporate sponsor campaign outlined in last year's newsletter continued throughout the year. We would like to thank the following White Ribbon Sponsors (\$500):

- Alan Stewart Homes Ltd.
- Coca-Cola Ltd.
- Howell, Fleming Law Firm
- Peterborough Communication Support Systems
- Americredit Corp.
- East Peterborough Lions Club
- Keene Lions Club

Your generous support in sponsoring our horses is very much appreciated!

## www.pard.ca

Yes, PARD now has its own website! Created by Graeme Walker, the site will have everything you need to know about PARD. Watch for the photo of the week – it could be you or your favourite horse. You'll also find information about up-coming events like the Horse Show, parades, etc.

Applications for riders and volunteers will also be available on line. Our donors and supporters will be acknowledged on the website. Please support them, their donations are very important to the continued success of our riding program.

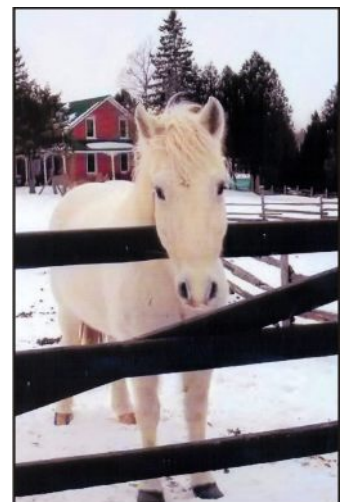
We're pretty excited about having our own website so please remember to go on it frequently to keep in touch with all PARD's activities.

## Welcome to Our New Horse

Part way through last season you may have noticed a new horse standing at the fence watching our lessons.

Sharky is the latest addition to our PARD horses and was slowly introduced to the program.

He's a draft/quarter horse cross like Redford, approximately 16 years old, and will be ready to have his own special riders this summer along with Redford, Buck, Freedom and Robbie.



Sharky >

## Good Luck, Laura

It is with deep regret that PARD has accepted Laura Smith's resignation as she is moving to the East coast.

Laura has been a big part of PARD for many years as an Instructor, Board member and in helping to care for and train our horses. She will be greatly missed by her Tuesday night riders and volunteers, her fellow Board members and everyone else who knew her.

We wish her the best of luck and hope she'll be back to visit us soon.

Thank you, Laura for your many years of dedication to PARD. Until we meet again –

*"May the road rise before you, may the wind be always at your back, may the sun shine warm upon your face ...."*  
(an Irish blessing).

## A Few Words from a Rider

Hi, my name is Aimee . I am 13 years old. I have been riding with PARD since I was very little. PARD is the best ever! I feel like I am accepted within a group of people. They make me feel special because of the things I am able to do. I love PARD!! Redford is the horse that I ride. He is a brown horse and is very easy to ride. I love the horses because they are amazing creatures.

The people who work with me teach me new things that I can do on a horse. When I started I didn't even know how to ride a horse, but now I am beginning to learn how to canter. Kathy says I may even get to be in big competitions soon!

I am really happy that I get to be a part of PARD. I could never have gotten this far without the people and horses at PARD.

*Aimee*



AIMEE AND REDFORD AT THE PRINCE PHILIP GAMES

## Why I Like Being a PARD Volunteer

### **PARD Therapeutic Riding is a Thriving Community Offering Opportunity**

Having had a small taste of what it was like to help out with therapeutic horseback riding at another farm I decided that this would be something I would love to learn a whole lot more about, and to be able to experience it on a larger scale. I went onto the Internet to do some searching and found PARD Therapeutic Riding. The year 2006 was my first year volunteering.

### **PARD encourages community between volunteers, social workers, families, and the riders.**

Every evening is a good evening for chatting and getting to know people as well as singing some good songs with some of the riders. Everyone works together making it a pleasant atmosphere and encouraging riders as they learn new skills on horseback.

### **Through special events, the PARD community raises awareness in the public about the benefits of therapeutic horseback riding.**

Being a part of the Canada Day parade in Keene was a lot of fun. It was a good opportunity to meet the volunteers and riders who worked and rode on different evenings than myself.

### **PARD empowers volunteers through education, and giving volunteers choices about how he or she will contribute to PARD.**

I really appreciated that I was asked which job I would prefer to have. I said that I would like to try all the jobs! I was a side-walker, helped fit helmets for riders, tacked up horses, and led horses. The PARD instructors taught volunteers how to make the evening safe and fun. PARD is a dynamic program that supports all who are involved and I plan to continue volunteering and learning more about therapeutic riding.

*Jordan*



## Rural Ramble

Each year, in August, Northumberland County holds a "Rural Ramble" to introduce people to the various aspects of farm and country life. Last year Campbellford Veterinary Clinic held an Open House during the Ramble and asked PARD to participate. Robbie was the natural choice and went, with a couple of volunteers, to Campbellford for a couple of days. He was a pretty big hit with the visitors, young and old alike. His neighbour, however, a ewe with a newborn lamb whom he found quite interesting, was not so thrilled with his attentions. We set up our information booth and it was a good weekend for introducing people to the PARD program. Our thanks to the vets for inviting us.

# Prince Philip Games

**Our** wonderful team of riders from last year, Aimee, Emilie, Donna and Doug together with our horses, Robbie and Redford, returned this year to participate in the OnTRA Prince Philip Games held once again at the beautiful facilities at Cedarlynde Stables in Ashburn, Ontario.

Although it teemed with rain most of the day, our riders had a wonderful time and made a great showing. Thank goodness for an indoor arena! Everyone was treated to a fabulous lunch thanks to OnTRA.

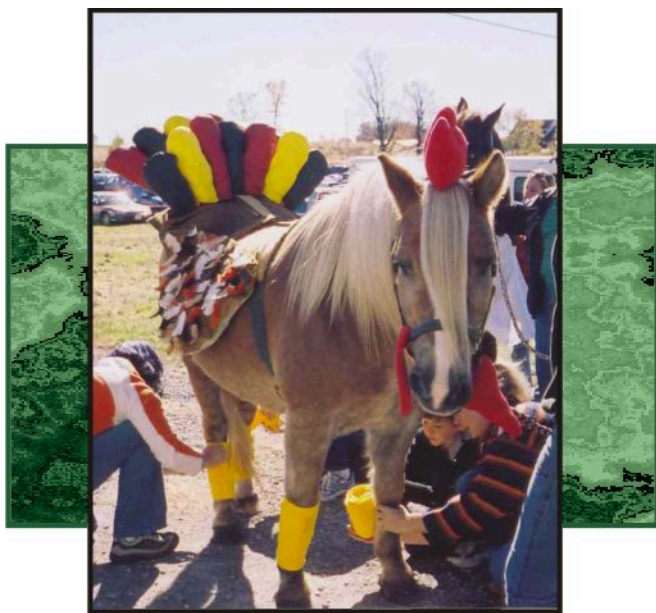
Thank you to all the volunteers who made it possible for our riders to attend and especially to OnTRA for putting on the Games and arranging for our borrowed horses.

## Everyone Loves a Parade

...**especially** PARD riders, horses and volunteers. First we took part in the Keene Canada Day Parade where Robbie and Redford (and their helpers) represented PARD. Then came the real fun at the Norwood Fair Parade. Robbie was the hit of the day dressed up as a turkey and Redford made a pretty fine chef. Our float came in second again in the general category. Congratulations and thanks to everyone who helped with the float and general preparations for the parade. PARD also had its information booth at the Fair and held a small Raffle. Congratulations to our prize winners:

- Terry Myles, Bethany, ON - *Wooden cupboard*
- Dana Glass, Mount Brydges, ON  
- *Stony Lake Dinner Cruise*
- Linda Selman, Lakefield, ON  
- *Gift Certificate for Brio Gusto Restaurant*

Thank you to the donors of our prizes, Brendan Carruthers, Stony Lake Cruises and Brio Gusto Restaurant and to everyone who supported us by buying tickets.



*Getting Robbie ready for the Norwood Parade*



## PARD DVD

**PARD** now has a wonderful new DVD to replace our old video. Funded by the Sophia Hilton Foundation of Canada and produced by Softscience, the DVD gives a wonderful picture of our riding program. Filming was done over two nights of lessons and then edited. Our sincere thanks to the Foundation, Softscience and Brenda Beck.

This DVD will be a great asset to us for promotional and educational purposes.

## Our New Farrier

**PARD** would like to welcome Douglas Parks as our new farrier. Douglas joined us last season when John Jamieson left to pursue other things. Thank you, John, for the many years you looked after our horses. We wish you the best in your new ventures.

## A Special Thank You to:

Fred and Jeannine Stillman and family – for your on-going support of our program and for the great care of our horses.

Campbellford Veterinary Services, our veterinarians, and Douglas Parks, our farrier – for your excellent care of our horses.

The riders of Stillbrook Stables – for donating the proceeds from your Quadrille Horse Show to PARD.

Caravaggio Orthotic Clinic - for once again sponsoring our Horse Show

Ron Lalonde and Investors Group Matching Gift Program for your generous donation.

The Staff at Central East Correctional Centre – for your continued support.

Softscience – for producing our DVD and the Sophia Hilton Foundation of Canada - for funding the DVD

Graeme Walker – for all your help (and patience) in the creation of our new logo and website.

Peterborough –Lakefield Police – for the use of your Committee Meeting Room for our monthly board meetings.

**OUR VOLUNTEERS** – You are our greatest asset (together with our horses!) Without you we could not run our program.

**OUR DONORS** – Your continued support allows us to offer our program at a reasonable cost to our riders. Thank you for your generosity.



## New Schedule

**We** are very pleased to welcome Karla Faig as our new instructor on Monday nights. Some of you will know Karla from last year. She is our PARD physiotherapist and volunteered many times last summer. She is a certified Assistant Instructor and a welcome addition to our teaching team. While Linda will not be instructing this year, she will be back to volunteer. Thank you, Linda for teaching our Monday night classes for the last few years.

Lessons will be on Monday and Thursday evenings this year. All our current riders, including the Tuesday riders, will be accommodated on these nights and one of the instructors, Kathy or Karla, will contact the riders to confirm the schedule.



## Important Dates

### **Work/clean-up Day**

– Saturday, May 12, 2007 at 9 a.m. at the farm.

### **Registration, Orientation and Training** for all volunteers

- new and returning

– Saturday, May 12, 2007 at 1 p.m. at the farm.

### **First Riding days are:**

Monday, May 28, 2007; Thursday, May 31, 2007

### **Horsemanship Clinic**

– Saturday, June 9, 2007 at 10 a.m. at the farm.

### **Summer Volunteer Clinic**

– Saturday, June 23, 2007 (TBC)

### **Keene Canada Day Parade**

– Sunday, July 1, 2007 in Keene.

### **Horse Show**

– Sunday, August 26, 2007 at 9 a.m. at the farm.

### **Year-end Party CORN ROAST**

– Tuesday, August 28, 2007 at the farm.

### **Norwood Fair**

– October 6 - 8, 2007 at the Norwood Fair Grounds.

### **Halloween on Horseback**

– Saturday, October 27, 2007.

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