



PARD Therapeutic Riding Program Report 2020

For the first time in PARD's history, PARD was not able to serve our riders by running a full therapeutic program in 2020 due the ongoing COVID 19 pandemic. This was a great disappointment to our riders, their families/care givers, board members, volunteers, and Instructors.

PARD followed the consistently updated rules and regulations regarding the pandemic put out by the government of Ontario, the Canadian Therapeutic Riding Association, Equine Canada, and Ontario Equine in order to remain compliant with all standards. Unfortunately, by following these regulations meant we were unable to run the Tuesday and Thursday riding program.

However, the one independent Rider currently in the PARD program was able to participate in lessons in between lock downs of our therapeutic facility and our host barn Wendon Hill's facility.

3 of PARD's Instructors and our Physiotherapist consultant were planning on attending the Canadian Therapeutic Riding Association (CanTRA) Conference just outside of Calgary, Alberta but this too was cancelled at the last moment.

The four instructors, Chris, Wendy, Sarah, and I were able to virtually attend several educational courses online hosted by CanTRA that were focused on both humans and equines. The hours logged from attending these webinars are eligible for updating hours for both certified instructors and instructor candidates.

Kathy Carruthers
Program Director
PARD Therapeutic Riding