



## PARD Therapeutic Riding Needs Volunteers

*As a volunteer with the riding program you will become an integral part of the PARD team providing therapeutic riding in an outdoor, non-clinical setting.*

### Orientation

Volunteers are required to attend an orientation clinic prior to working within the program. Volunteers joining the program after the initial orientation clinics will be required to receive one-to-one training before working within the program.

### Time Commitment

- One or more riding sessions per week
- Approximately three hours per session
- Opportunities exist throughout the year to participate in special events such as Parades, Horse Shows, and the Annual Corn Roast.

### Responsibilities

As part of the PARD team of volunteers, you will have the opportunity to participate in a number of important aspects of the therapeutic riding program:

- **Horse Stewards** prepare the horses for the class
- **Horse leaders** warm up the horses prior to the first lesson and are responsible for the horse throughout the lesson
- **Sidewalkers** under the guidance of the Instructor, provide instruction and/or physical support to assist the riders in achieving their goals

### Requirements

- Previous horse experience not required
- Ability to walk at moderate pace for lessons.
- Sturdy shoes or boots.
- Form Completion - Download online at:  
[pard.ca/Content/Volunteer\\_Application.pdf](http://pard.ca/Content/Volunteer_Application.pdf)

*Volunteers are at the heart of PARD Therapeutic Riding.  
Without your help we simply could not operate.  
Your involvement is greatly appreciated.*